

Annual Meeting Blueprint

by Nancy Moran & Fett



Step #1: CELEBRATE!

List any and all accomplishments, milestones, manifestations, good news, achievements, accolades, money you made, people you met, places you visited, repairs you *finally* made, cool things you did, new experiences you had, & other items you want to acknowledge and celebrate about yourself, your life and the past year. There are NO limits here. No matter how small or how large, celebrate them ALL! It only has to matter to YOU.

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Have more than 100? Awesome!
Attach additional pages. And get down with your big bad self!

Step #2: APPRECIATE

Note any revelations you experienced this year – big or small. What insights did you have? What were your big “a-ha!” moments? What awakenings and enlightenments did you have about yourself and/or your life? What bright ideas did you come up with? Include things you discovered about yourself, life lessons, and mindset breakthroughs...anything where you felt an internal “light bulb” go on.
(We’ve included space for one moment every month, but don’t let that stop you.
If you had more than that, add your own!)

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Step #3: REFLECT

Now's your chance to look objectively at the things that didn't go quite as planned. What didn't get accomplished or finished? Where did you have struggles or challenges? What could have been better?

This is NOT a time to wallow or berate...this is a time to carefully consider how you would do things differently, how you'd like to change and improve, and how you can fix any current issues.

(Note: Limit yourself to the 5 spaces provided. In this case, less is more.)

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Step #4: INTEND

What do you want to accomplish in the next year? What do you want to manifest? What do you want to celebrate at the end of the year? Think about specific things and measurable goals, sure. But also think about how you want to *feel* throughout the year. What do you want your life to really look like?

Give yourself permission to think BIG! Don't worry about whether it's "realistic" or not.

And don't worry about "how" you'll do it. This is just about the WHAT.

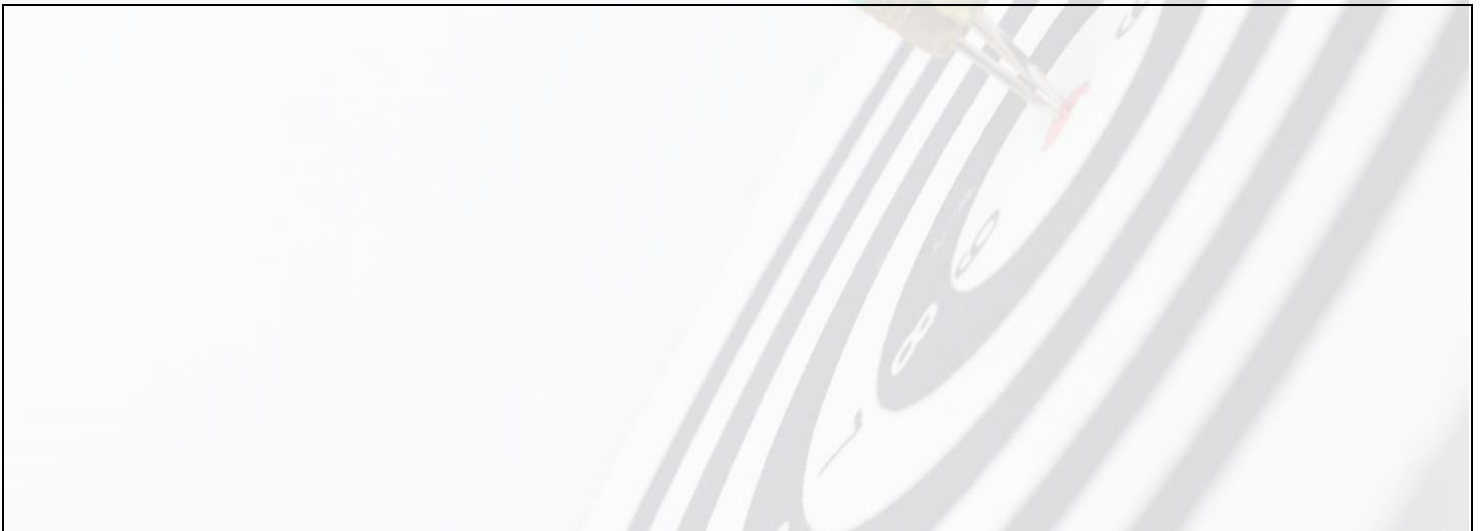
What do you dream about? What do you want? What do you wish for? What would you LOVE?

Set your intentions consciously and deliberately NOW. And spell it out in vivid detail here.

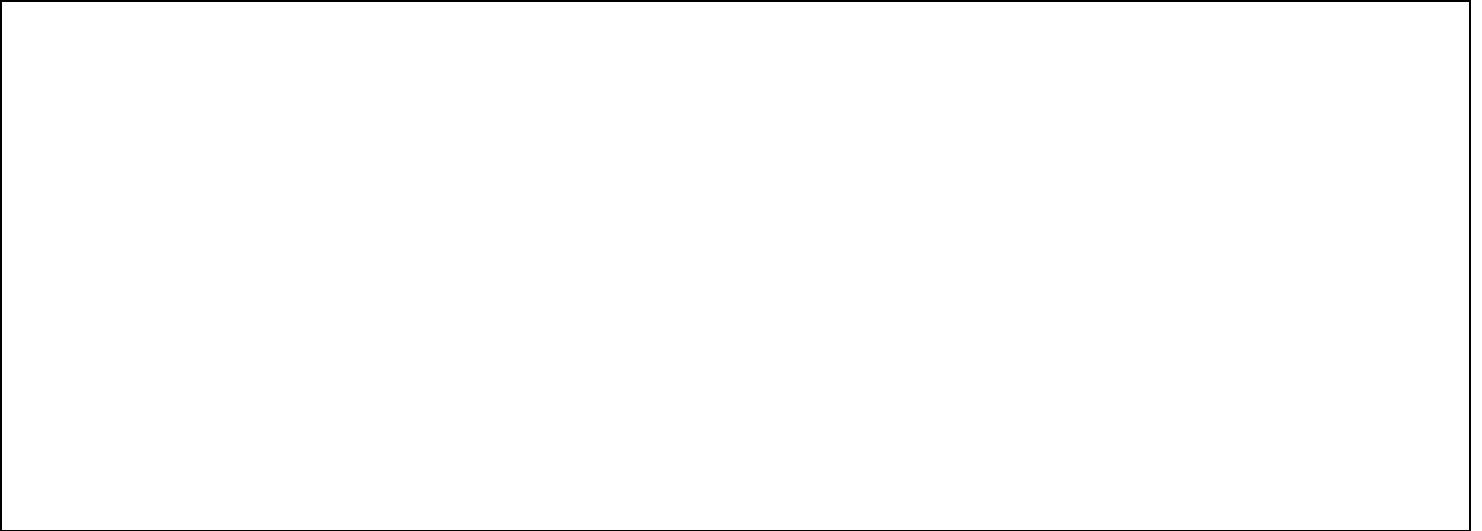
Work and Business (job, career, entrepreneurship, etc.)



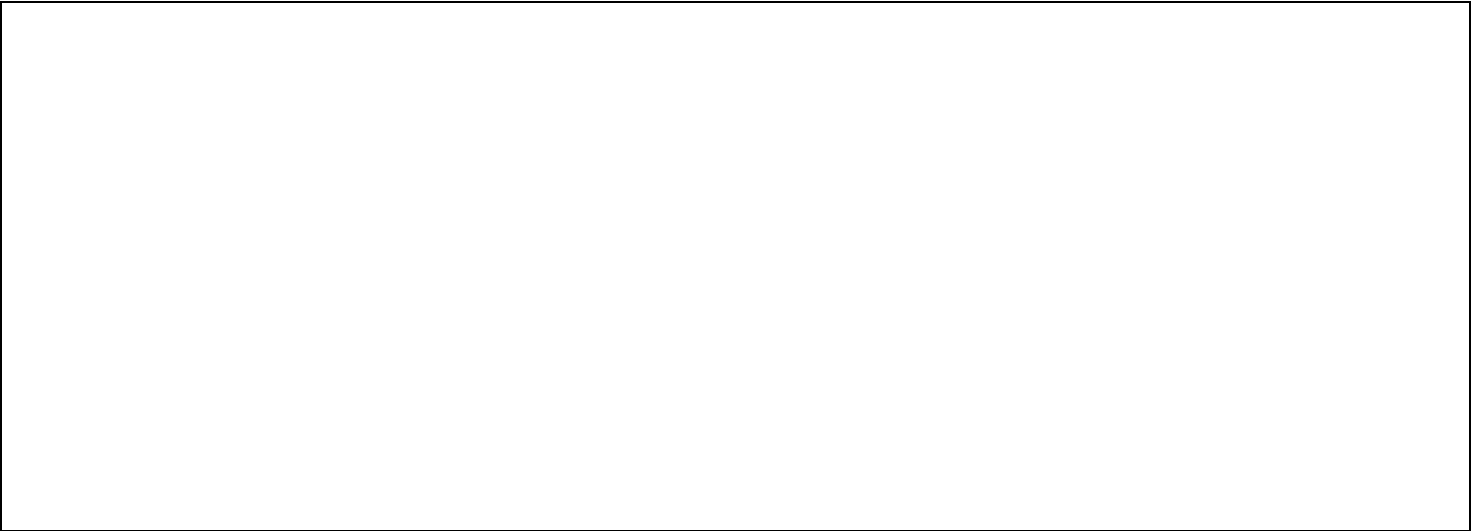
Dreams and Aspirations (wishes, desires, talents, life purpose, etc.)



Financial (money, debt, income, royalties, savings, investments, retirement, etc.)



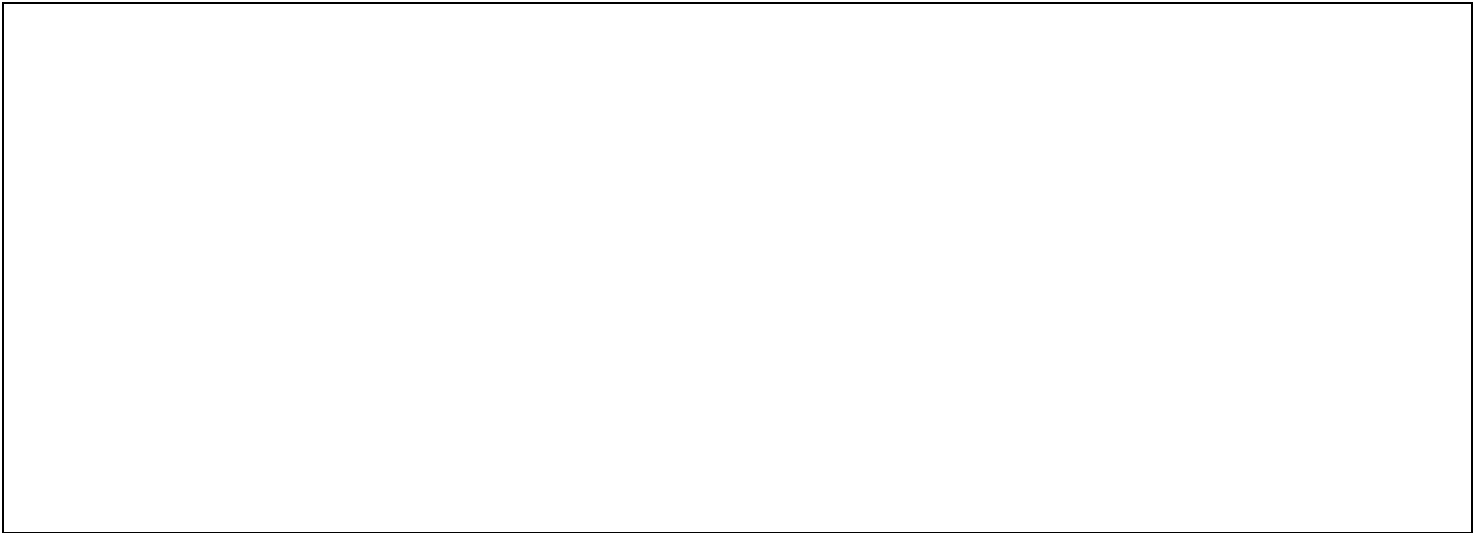
Home and Family (house, location, spouse, children, parents, etc.)



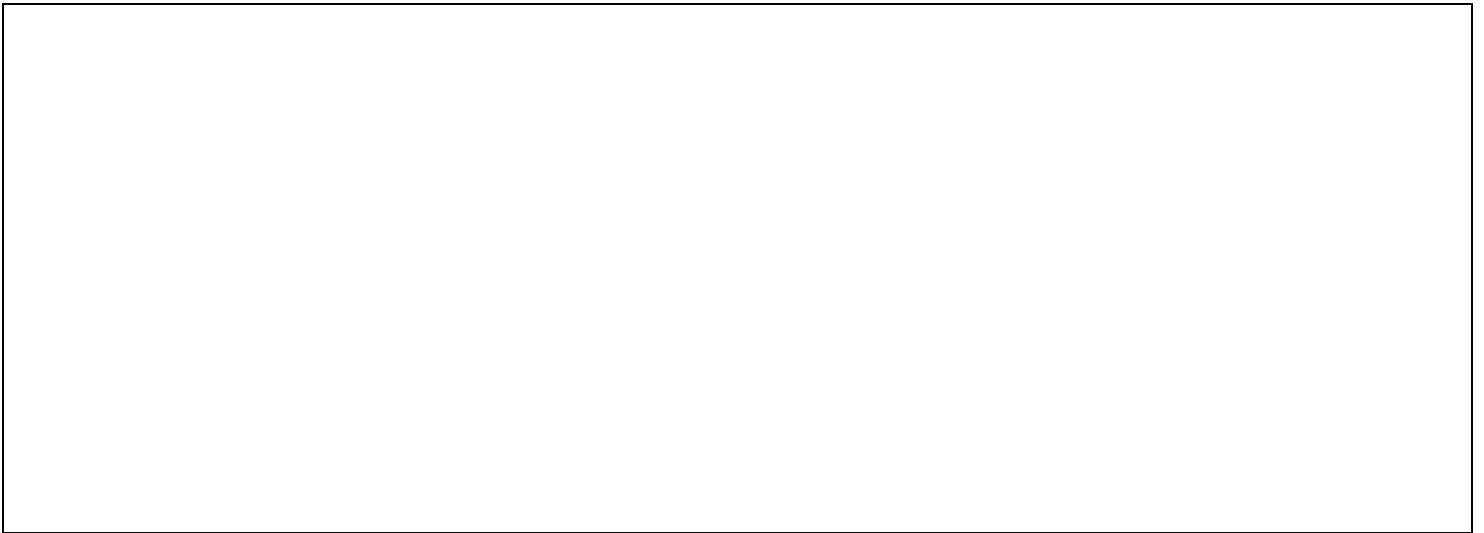
Spiritual Life (religion, meditation, law of attraction, or other)



Health and Fitness (exercise, nutrition, wellness, medicine, doctors, holistic care, etc.)



Personal Life and Social Relationships (recreation, fun, friends, dating, downtime, etc.)



Personal Development (hobbies, education, skills, interests, etc.)



Don't see the category you want? This page has places for you to create your own.

These are all just suggestions anyway. So, feel free to adjust to suit your needs.

After all, this is YOUR life. CREATE it the way you want it!

Other _____

Other _____

Other _____

We hope you enjoyed this experience of
re-living your achievements & accomplishments,
acknowledging your aha moments,
considering how you would make changes & improvements,
and dreaming of how AWESOME your life is going to be!

It can be ALL of that and MORE.

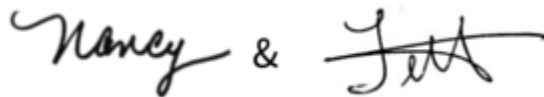
We've been doing this process for a while now.
Each time is different and unique.
And we get more and more out of it.

We expect it will be the same for you too.

If you are interested in taking this a step further,
hit reply and reach out to us!

We're always here to help.

Musically,

Handwritten signature of Nancy & Jett in black ink.

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